CLAIMS:

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- 1. A post anchor comprising:
 - a hold r to receive and hold at least one post;
- a ground engaging member for driving in a ground surface, said ground engaging member attached to the holder;
 - said ground engaging member including a central web, a first flange and a second flange;
 - said first flange extending away from a first side of the central web and said second flange extending away from a second side of the central web;

wherein said central web, first flange and second flange are integrally formed.

- 2. The post anchor of claim 1 wherein the holder comprise a plurality of collets.
- 15 3. The post anchor of claim 2 wherein a clamping member is located around the collets.
 - 4. The post anchor of claim 1 wherein the holder is a recess.
 - 5. The post anchor of claim 1 wherein the holder includes at least one upright member.
- 20 6. The post anchor of claim 1 wherein the holder includes at least one post support.
 - 7. The post anchor of claim 1 wherein the central web is substantially planar.
- 8. The post anchor of claim 1 wherein a point is located adjacent an end of the central web.
 - 9. The post anchor of claim 1 wherein the first flange and second flange are substantially planar.
 - 10. The post anchor of any one claim 1 wherein the first flange, second flange and central web may be formed from a single sheet of metal.
- 30 11. The post anchor of claim 10 wherein the sheet is folded to form the first flange, second flange and central web.
 - 12. The post anchor of claim 1 wherein an angle formed between the first

flange and central web and/or the second flange and central web is obtuse.

- 13. The post anchor of claim 1 wherein the holder is welded to the engaging member.
- 14. The post anchor of claim 13 wherein the holder is welded to the central web.

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- 15. A method of manufacturing a post anchor comprising the steps of:
 folding a single sheet of metal to form a ground engaging
 member having a central web, a first flange and a second flange;
- said first flange extending away from a first side of the central
 web and said second flange extending away from a second side of the
 central web; and

attaching a holder to the ground engaging member to form the post anchor.

16. The method of claim 15 further including the step of cutting the sheetof metal.